

Course Code	How will I do this course?	Level	How long will this course take?
100009BS001	This course is a video and printed workbook	One & Two	5 hours

## Description

Do you work in a day centre, hospital or a home for elderly people? Are you looking for work as a carer?

If you answered yes to either question, Essential Skills For Health And Care is the perfect course for you!

The course lets you build and practise the key skills you need every day when you are working in care – reading and writing, number skills and computers.

By the time you have finished the course, you will be much more confident at work – and you'll have learnt lots of valuable new skills, too!

## What will I learn?

When you have finished the course, you will be able to:

- Communicate clearly in words and in writing
- Understand and use numbers at work
- Use a computer for work tasks

## What skills do I need to go on the course?

None! The course is designed to help anyone who is already working in care or looking for work in the care sector. Why not have a go now?

## Course modules

- Essential Word Skills
- Essential Number Skills
- Essential Communications Skills
- Essential Computer Skills